

Plan of Salvation Step 4: Confess

Key Scripture: Romans 10:10

Lesson Objective

To understand the significance of confessing Jesus as Lord in the process of salvation, distinguishing it from the confession of sins, and to explore biblical examples of such confessions.

Warm-Up Questions

1. What does the word "**confess**" mean to you in everyday language?
 2. Can you recall a time when you publicly declared your support or belief in someone or something? How did that make you feel?
 3. Why is difficult for some to confess their faith in Jesus publicly?
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Scripture Focus

Romans 10:10

- **(KJV)** "For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation."
 - **(AMP)** "For with the heart a person believes [in Christ as Savior] resulting in his justification [that is, being made righteous—being freed of the guilt of sin and made acceptable to God]; and with the mouth he acknowledges and confesses [his faith openly], resulting in and confirming [his] salvation."
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Strongs Definition

The word **confess** in Greek is **homologeó**

Phonetic Pronunciation: ho-mo-lo-GEH-o

- (*ho*) – like the "ho" in "hope"
- (*mo*) – like the "mo" in "motel"
- (*lo*) – like the "lo" in "lobby"
- (*GEH*) – like the "ge" in "get"
- (*o*) – like the "o" in "go"

(Strong's G3670), which means:

- To confess, i.e., to admit or declare oneself guilty of what one is accused of.
- **To profess, i.e., to declare openly, speak out freely.**
- **To profess oneself the worshipper of one.**

In Romans 10:10, the term confession does not refer to the acknowledgment or admission of personal sins. That form of confession—where one admits their sins before God—is addressed in passages such as 1 John 1:9, Psalm 32:5, Matthew 3:6, and Mark 1:5. However, the confession in Romans 10:10 is fundamentally different. Here, confession refers to the public declaration of faith in Jesus as the Christ, the Son of the Living God. This is the same type of confession made by Peter in Matthew 16:16 and the Ethiopian eunuch in Acts 8:37—a bold, verbal acknowledgment of Jesus' identity and Lordship. This confession is not about past sins; rather, it is a statement of faith that affirms one's belief in Christ as the Messiah, essential for salvation.

Matthew Henry Commentary on Romans 10:10

Confessing Christ with the mouth is the necessary outward expression of this inward faith; it is an acknowledgment of our allegiance to Christ before men. True faith will always manifest itself in open confession. Those who are ashamed to confess Christ now will find that He will be ashamed to confess them before His Father in Heaven (Matthew 10:32-33).

Why is Confessing Jesus as the Christ the Son of the Living God Important?

- In life, there are things people may feel hesitant or even ashamed to admit to family or friends—whether due to fear of ridicule, rejection, or abandonment. These might include personal struggles, mistakes, or even choices related to work, academics, or relationships. However, when it comes to our faith in Jesus Christ, we must never be ashamed to openly declare and share our belief in Him.
 - Romans 1:16 reminds us of Paul's unwavering stance: "For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth." As Christians, we are called to stand boldly for the Gospel, knowing that our faith is not just a belief—it is the foundation of our eternal hope.
- We should never be ashamed of Jesus—the Christ, the Son of the Living God—who willingly laid down His life so that we might have the opportunity for eternal life. When He returns for His church, a church without spot or wrinkle (Ephesians 5:27), may He find us faithful, unashamed, and unwavering in our confession of Him.
 - **Matthew 10:32-33 KJV** - (32) Whosoever therefore shall confess me before men, him will I confess also before my Father which is in heaven. (33) But whosoever shall deny me before men, him will I also deny before my Father which is in heaven.
 - **Luke 12:9 KJV - (9)** But he that denieth me before men shall be denied before the angels of God.

- **II Timothy 2:12 KJV** - (12) If we suffer, we shall also reign with him: if we deny him, he also will deny us:
- We must never allow fear to silence our confession of Jesus Christ. Fear of rejection, ridicule, or even harm often causes people to remain silent rather than openly declare their beliefs. In life, many hold back from publicly supporting a cause, person, or idea because they are afraid of the worldly consequences. However, when it comes to Jesus, we cannot allow fear to keep us from making our declaration of faith because of the eternal consequences.
 - **Matthew 10:28 KJV** – (28) And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.
 - **Hebrews 13:6 KJV** – (6) So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

Examples of Those Who Confessed (Made Open Declaration of Their Faith in Jesus)

Name	Scripture	Outcome
Ethiopian Eunuch	Acts 8:36-37	Declared Faith in Jesus & Baptized
Paul	Acts 9:20	Preached that Jesus is the Son of God
Martha	John 11:27	Told Jesus she believed He is the Son of God

Discussion Questions

1. Why do you think both belief in the heart and confession with the mouth are necessary for salvation?
2. How does publicly confessing Jesus as Lord impact your personal faith journey and your relationship with others?
3. How do you confess your belief & faith in Jesus?

Key Point

Confession as outlined in Romans 10:10 is not simply a confession of sins. It is an open declaration of our faith in Jesus as the Christ the Son of the Living God.

Closing Scripture

Psalm 119:46

" I will speak of thy testimonies also before kings, and will not be ashamed."

Challenge for the Week

This week, take a moment each day to evaluate whether you are truly confessing Jesus in your daily life—not just in church, but in your everyday interactions. Challenge yourself to intentionally declare Jesus in your daily life—whether through conversations, actions, or simply standing firm in your faith when challenged.

- Do your conversations reflect your faith in Jesus?
- Are you open about your beliefs, even in difficult situations?
- Does your life show that you follow Christ, or do you stay silent out of fear or discomfort?